

I'd like to know where
you got the notion
to rock the boat.
-Hues Corporation

JUNE-DECEMBER 2016

NOTIONS



FOR
INTERESTING
PEOPLE

NOTIONS

is a casual compilation
of creative ideas
for interesting people
by interesting people

who responded
to a themed moodboard
(excerpts on your right ☞)
with an A4 sized creation
to be compiled
and placed in your hands
and read
and considered
and passed
to other interesting people you know.

This issue features art and writing by:
Kozue Yamamoto, Shirleen 卓詩翎,
Jacqueline Sim, Jessie Lim, Tan Wen,
Gary Low, "Weird Al" Yankovic, Lynx D,
ArtyFaz, Pang, Gayatri Pasricha, Zhang
Fuming, Billy, Lee Ju-Lyn, 曹緯初 (Cao
Wei Chu), Montien Boonme, Ray Albano,
Jeremy Scott, Dan Barber, Jamie Fitzpat-
rick, 齊白石 (Qi Baishi), Ai Weiwei, Martha
Rosler, and some who did not want to be
named. Thank you for sharing your ideas.
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Feel free to add in your thoughts
(like with a pen, marker, etc)
before passing it to another reader.

meekfreak.com/notions



"Well, you just let the viewer wonder about it
all; of course you're feeding him with certain
information. But if he doesn't care, then he
doesn't care. There's always this snobbish
treatment ... But ... I have exhibited everybody,
not only those who have the craft, but also
those who have the ideas."

— Albano on whether he's
purposely being obscurantist

"Scale, large-scale

— Albar
Philippine



Objects exhibition poster.

and Hernando Ocampo.
es something awkward
k, something awkward
what I like: something
ng unexpected... And I
ork, too."

— Chabet

"Indirectly, yes. These influences are mainly 'fringe benefits' from Madison Avenue advertising layouts and television commercials. I mean, I don't think many Filipino artists read magazines like *Art Forum*! Our influences are mere 'feedbacks', and rather disorganized, too."

— Chabet on whether Filipino artists are influenced by New York art



The theme for this issue is:

THOUGHTS ON FOOD FOR FOOD FOR THOUGHT.

(This is spoon feeding, btw.)

"If more of us valued food and cheer
and song above hoarded gold, it would be
a merrier world."

— Thorin, *The Hobbit*,
J.R.R. Tolkien



SNEAKER PIMPS

"SPIN SPIN SUGAR"
BECOMING X





*It's just a list of what
they've reaped from the farm.*



*We're gonna start here
with weeds from the farm,*

[diners] Thank you.



*Invite you to taste
each individual butter*



*"What am I eating?
Where's it from? Who's growing it?"*



*It's not just about the dish.
It's about what the radish represents.*

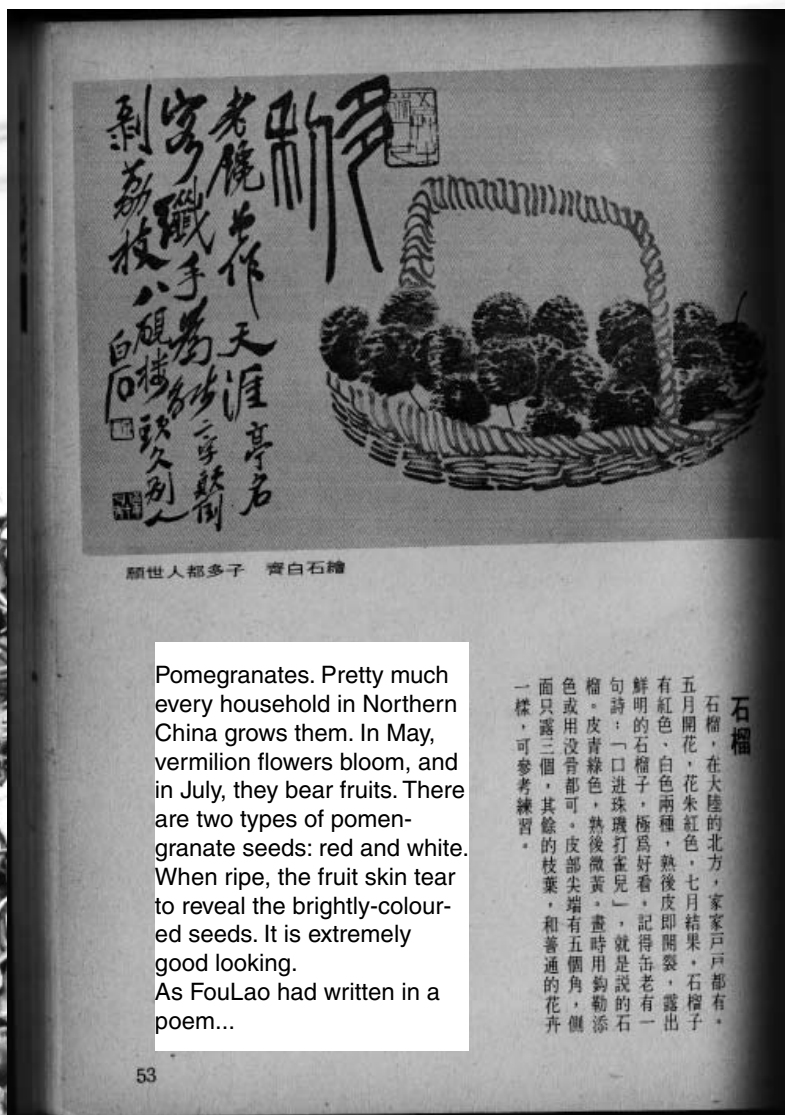
*Single-udder butter comes from
the milk of one single cow.*



and see the differences you find.



石榴結子烈西風 齊白石繪

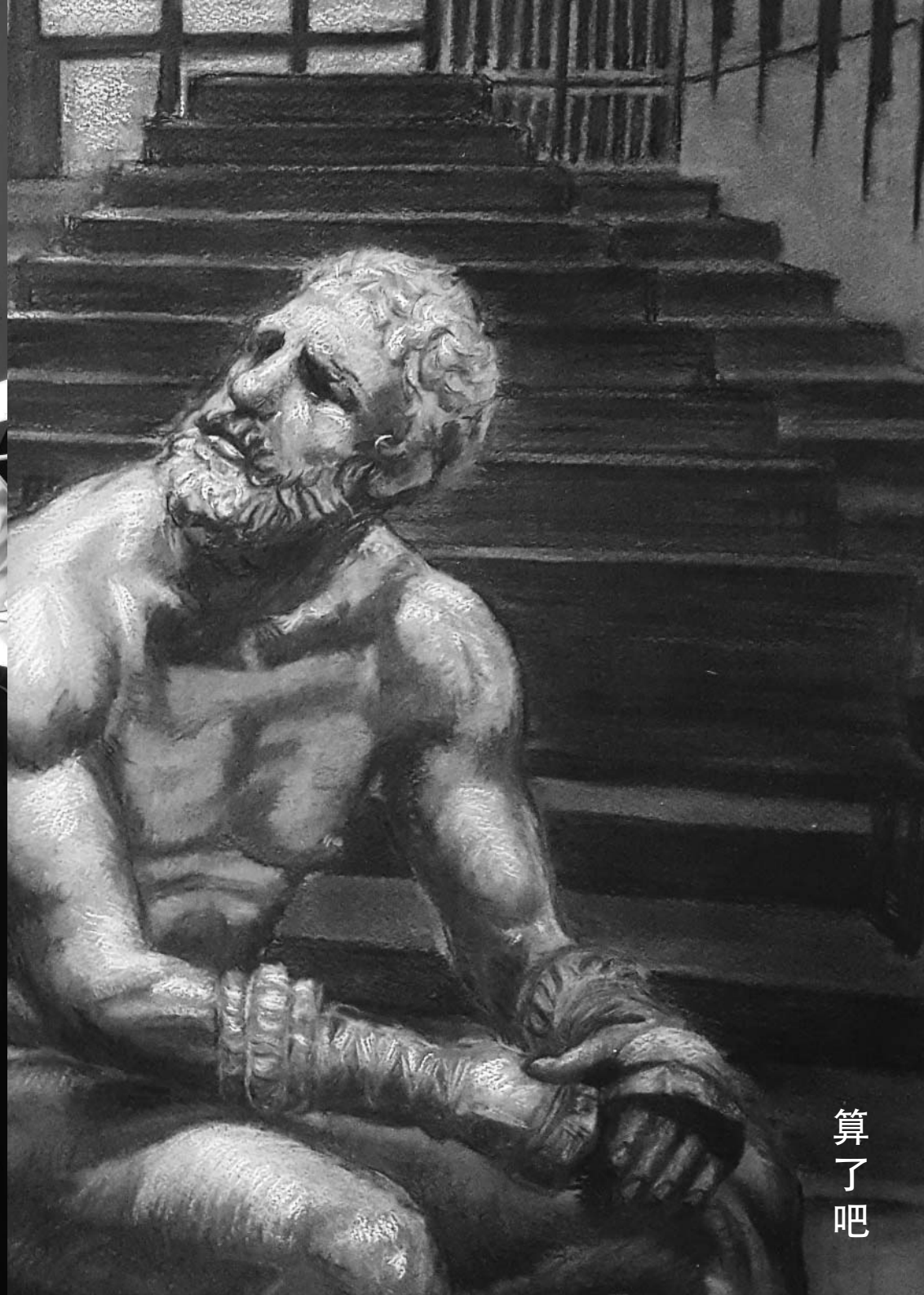




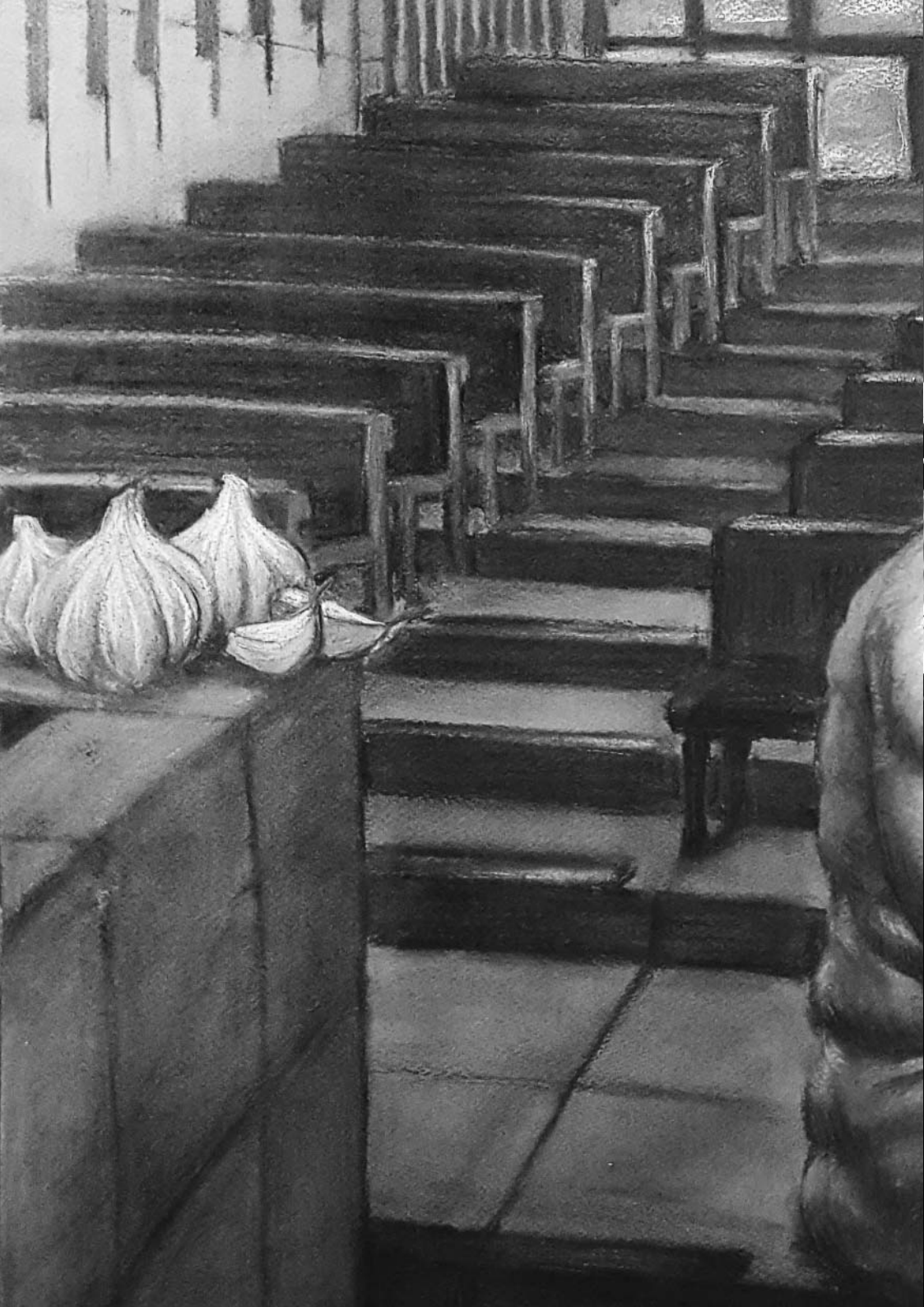




*Playing
you-know-
that-I-know-
that-you-know-
that-I-know
game.*



算了吧



(1) Steamed Barringtonia acutangula
fruit bars with garlic & ginger.

(3) Stir fried Ceiba pentandra
fruits (seeds included!) with
carrot & onion sauce.

(5) Baked Albemula cathartica
petals with steam paste
& honey.

(2) Mixed Caribaea edollum fruits
with Ficus grandifolia roots
and leaves, seasoned with
oyster sauce.

(4) Deep fried Lantana camara
seeds in olive oil, seasoned
with black pepper.

(6) Grilled Nerium oleander
stems & stalks with
avocado dips.

All choices come with complementary
Ficus elastica & Hevea brasiliensis juice !!!

I stared.

"Eat the frog first. Eat the frog first!"

The usual, I said.

Steady footsteps drifted away, while I slumped into my bed
with the pillow over my head.

Yes, U can!

Agh. My head.

It is Monday again.

"Eat the frog first! Eat the frog first!"

No. Not really. Do I ~~have~~ a choice?

"Good morning sir! Good morning sir!"

The light from the drawn curtains are sharp.

"What do you like to have for breakfast today."

Breakfast at for they
CHAMPION IN YOU!!
FOR!!!
WOO!!!



the kuay ahead

年糕

从小妈妈就唠叨我过年时要多吃年糕
她说这样上天才会保佑我快快长高
她往我嘴里塞了肉干蛋卷和鸡蛋糕
说吃胖一点以后女孩才会觉得好抱

几十年过后我们一家勉强回来报到
妈妈依旧满脸笑容煮了一大锅好料
但我们各忙各的不再有昔日的热闹
桌上的年糕听说最后被她失望的丢掉

CHORUS

奔波好累 勾心斗角和别人周旋
突然怀念 和家人啃肉干的香甜
又快过年 有股冲动想回家团圆
年糕甜在心田 原来家就是真爱的起点

Geophagia

Geophagia, also known as geophagy, is the practice of eating earth or soil-like substrates such as clay.

It occurs in non-human animals where it may be a normal or abnormal behaviour, and also in humans, most often in rural or preindustrial societies.

Some believe it aids in sexual prowess, as well as in childbirth.

Human geophagia may be related to pica, an eating disorder characterised by abnormal cravings for non-nutritive items. Geophagia may also be caused by hookworm disease, in which the desire to consume soil is a symptom.





小时候在厨房帮妈妈准备美味佳肴
我最爱偷偷把年货大口大口地吃掉
我的体重慢慢攀高我为了什么苦恼
想念着妈的牢骚 嘴角露出一丝微笑

CHORUS

翻箱倒柜 努力寻找有谁给我安慰
展翅高飞 爸妈总是让我勇气加倍
回忆一堆 天伦之乐的时光是最美
我怎么没发现 温暖就在那一扇门后面

奔波好累 勾心斗角和别人周旋
突然怀念 和家人啃肉干的香甜
又快过年 有股冲动想回家团圆
我怎么没发现 温暖就在那一扇门后面
年糕甜在心田 原来家就是真爱的起点

Mom's Cooking

Mom could cook up a storm!

We weren't rich or anything...

but mom really made eating a joy.

We'd have rice, curry, some veggies...

I hated veggies...

I was more of a carb kinda

And mom's chicken curry with potatoes





is it really poo?

is it really
chocolate?

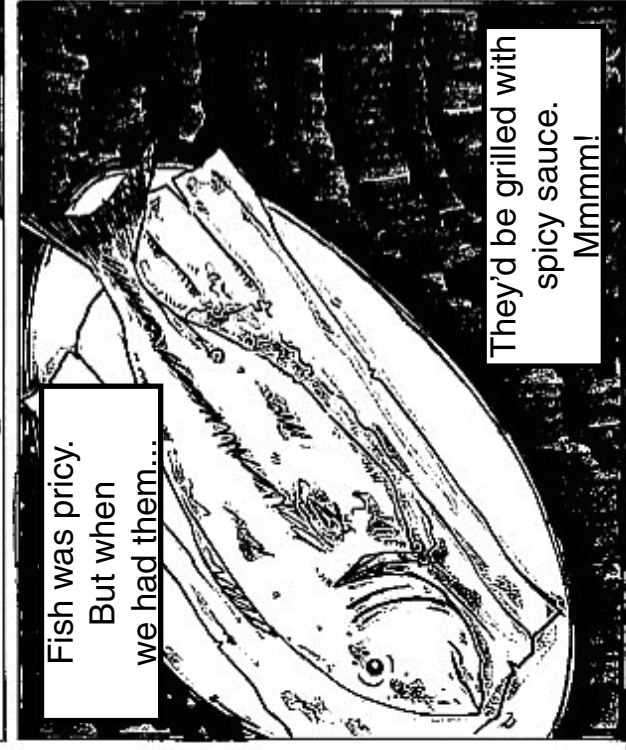


kid.
Sugar. salt...

All the
good stuff.

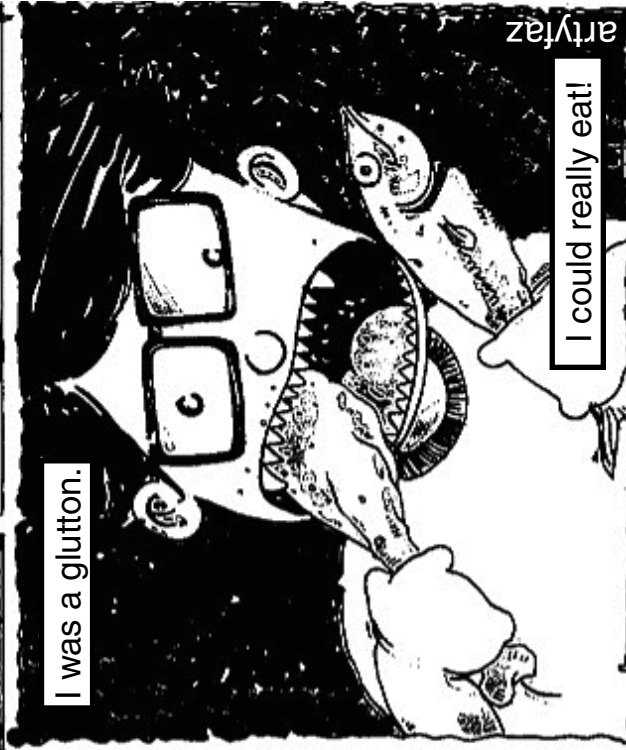


Was epic
good stuff!



Fish was pricy.
But when
we had them...

They'd be grilled with
spicy sauce.
Mmmm!



I was a glutton.

I could really eat!

arty/faz

The BONY-EARED ASSFISH

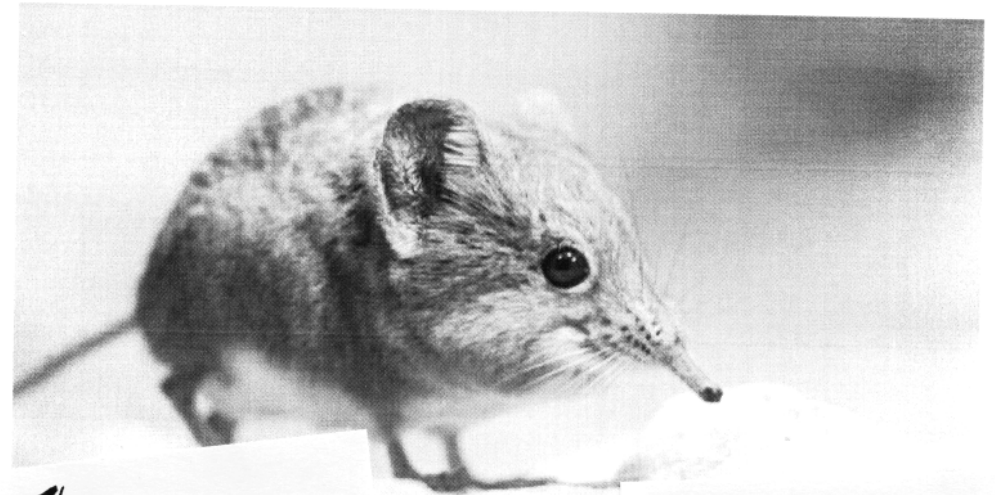


Aka Acanthonus Armatus

↳ a species of cusk-eel found
at depths of 1,171-4,415m.

↳ holds the record for the
smallest brain-to-body
weight ratio of all
vertebrates.





The Shrew

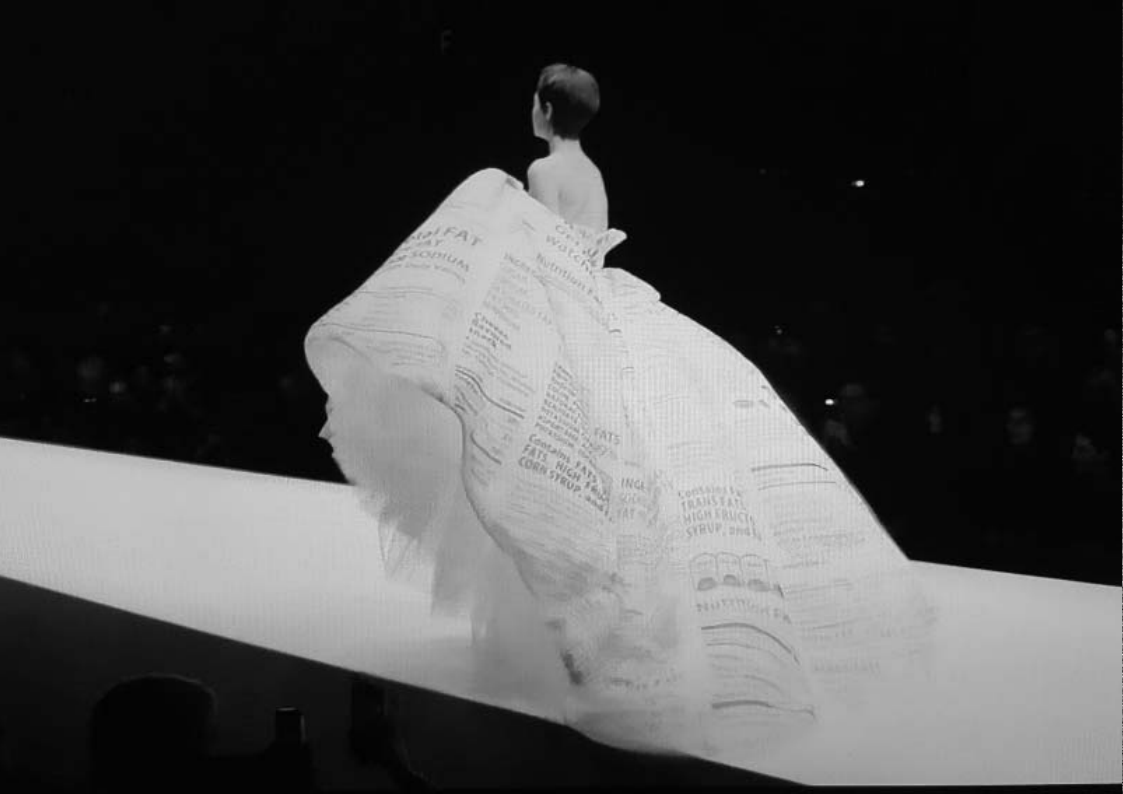
(not your ex)

↳ a small mole-like mammal classified in the order Soricomorpha.

↳ is not a rodent.

↳ has one of the largest brain-to-body mass ratios of any vertebrate.





SHE KNOWS WHAT YOU
ATE LAST SUPPER. *Semiotics of the Kitchen*

1975 | Video installation

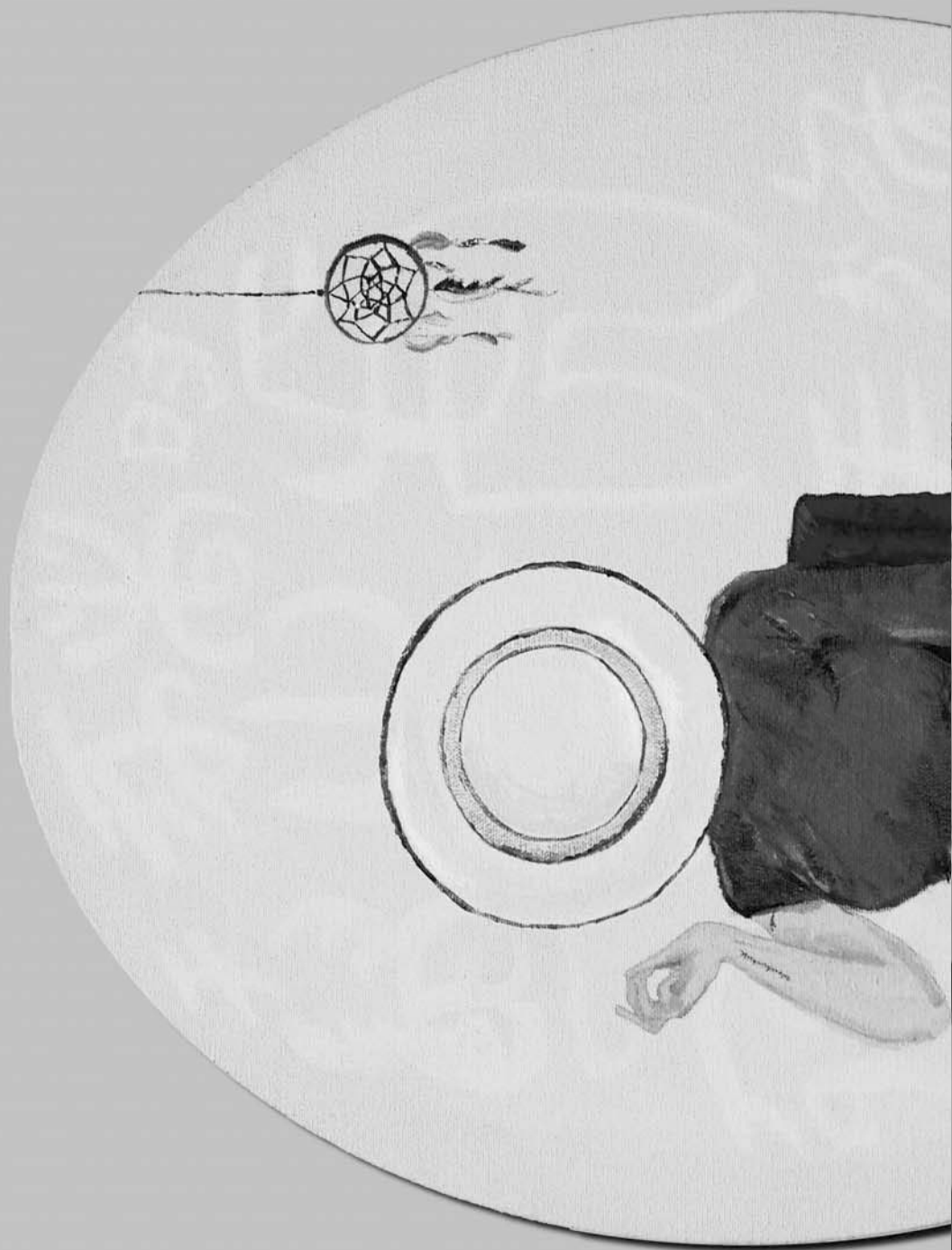
6 min 12 sec





**The Chinese culture is embroiled in superstitions.
Superstition #132 says if after a meal, your plate is clean –
your future spouse will be beautiful.***

* The artist believes in not wasting food. Said artist is also single at this point of writing.



《蔬果画法》 by 曹緯初
"The way to draw vegetables and fruits" by Cao Wei Chu.

The Author's preface

人欲得此

Although mild, Everybody wants to get closer to nature and likes the idyllic joys, pleasures, and "flavour" of a farm (or rustic life).

此畫雖在田園，然其味更在筆墨之間。此畫雖在田園，然其味更在筆墨之間。

this "flavour" tastes sweeter the more one chews on it.

人欲得此

想畫人欲得此

Since (the time of) the ancient literatis (scholars/ learned/ cultivated people), there have been many who draw vegetables,

想畫人欲得此

taking reference mostly from often-found objects, like cabbages, carrots/radishes, bamboo shoots, fragrant mushrooms, and so on.

想畫人欲得此

For practice, one can start with 写生 (literally "writing life", meaning drawing from life or real objects). "Writing life" in Chinese painting

想畫人欲得此

and the drawing from life in "still life" Western painting are somewhat different.

想畫人欲得此

he has to depict the physical objects through his feelings and editing with his perspective, in order to produce a drawing that is interesting

想畫人欲得此

and fun.

想畫人欲得此

Moreover, there is one thing (an "essence" so to speak) that he must capture and convey, and that is subtle elegance,

as if it bears the character of a learned, cultivated person



I don't care if you're full
Just eat it, eat it, eat it, eat it
Open up your mouth and feed it
Have some more yogurt, have some more spam
It doesn't matter if it's fresh or canned
Just eat it, eat it, eat it, eat it
Don't you make me repeat it
Have a banana, have a whole bunch
It doesn't matter what you had for lunch
Just eat it, eat it, eat it, eat it
Eat it, eat it, eat it, eat it

Eat it, eat it, eat it, eat it
If it's gettin' cold, reheat it
Have a big dinner, have a light snack
If you don't like it, you can't send it back
Just eat it, eat it, eat it, eat it
Get yourself an egg and beat it (oh lord)
Have some more chicken, have some more pie
It doesn't matter if it's boiled or fried
Just eat it, eat it, eat it, eat it
Don't you make me repeat it (oh no)
Have a banana, have a whole bunch
It doesn't matter what you had for lunch
Just eat it, eat it, eat it, eat it

EAT IT

"Weird AI" Yankovic, 1984

How come you're always such a fussy young man
Don't want no Captain Crunch, don't want no Raisin Bran
Well, don't you know that other kids are starving in Japan
So eat it, just eat it

Don't want to argue, I don't want to debate
Don't want to hear about what kind of food you hate
You won't get no dessert 'till you clean off your plate
So eat it

Don't you tell me you're full
Just eat it, eat it, eat it, eat it
Get yourself an egg and beat it
Have some more chicken, have some more pie
It doesn't matter if it's boiled or fried
Just eat it, eat it, just eat it, eat it
Just eat it, eat it, just eat it, eat it, ooh

Your table manners are some cryin' shame
You're playin' with your food, this ain't some kind of game
Now, if you starve to death, you'll just have yourself to blame
So eat it, just eat it

You better listen, better do what you're told
You haven't even touched your tuna casserole
You better chow down or it's gonna get cold
So eat it

who does not covet fame or wealth.

Fruits like peaches, buddha's hand (a kind of citrus fruit), grapes, pomegranate, bintjia/eggplant, persimmon, I don't know how to translate hu-hu (whoohoo...),

Disinfectants cannot be born on small branches

When painting stems and leaves,

ur. "I've been pulling stems and leaves,

Those towards the sun are brightly coloured, and those in the shadows have heavier (means duller or stronger?) colour.

ensure

and

there are those that do not. One cannot "anyhow" "grow" (paint) them according to one's wish (in other words, there is a kind of order, observable from the subject).

[illegible]



Set
on
the
green
-white
table cloth,
they made an
attractive
couple.
They
longed
to be
poured
beside
or
even
on
each other
on the same
corner of a plate
or a dedicated
saucer,
so
they
could
swirl into
one another
and make
hot
sweet
love.





Atas Bread



The
ketchup
and
chilli
sauce
met on
Table 29.
Standing
side-by-side,
day-in-and-out,
in the candle-light,
with a bit too-cold
air-conditioning...
it was hard
to not fall
in
love.

**The Ketchup and Chilli Sauce
at Jack's Place**



Political Food

This is not a rant on organic versus genetically engineered food, or the sugar and corn industry forcing their produce down our throats.

In 1837, Edgar Allan Poe published a novel in which four people on a lifeboat who had abandoned a sinking ship sacrificed one of their number, Richard Parker to ensure the survival of the other three. 47 years later, an incident happened that resembles this tale closely and whose victim bore exactly the same name as the victim in the Poe fictional story.

Yet, no one is accused for eating something now a days, unless it's a human being or its belonging. There is the Socrates quote, "You should eat to live, not live to eat." in Plutarch "Moralia". To pay respect to all the plants and animals we kill to eat, how can we live each day?

References/

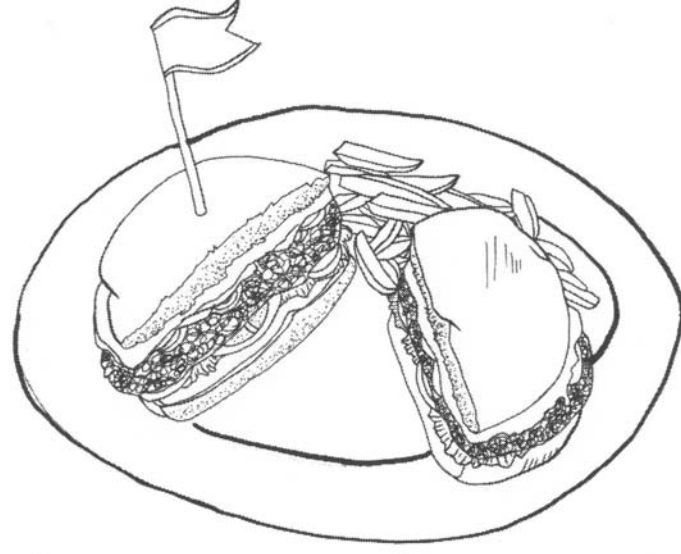
Plutarch. (1878). *Plutarch's Morals*, vol.2. (W.W.Goodwin, Trans.). Little, Brown, and Company.

Poe, Edgar Allan. (2013). *The narrative of Arthur Gordon Pym of Nantucket*. Melville House Publishing.

エドガー・アラン・ポーは、沈没船からライフボートで逃げた4人が、生きる為にその内の一人である、リチャード・パーカーを犠牲にするという内容の含まれた、とある小説を1837年に発表した。それから47年後、それに酷似した事件が起き、その犠牲者の名前はポーの小説と同姓同名だった。

今日人が何かを食べることで罪に問われることはない、それが人間かその所有物ではない限り。プルタルコス『モラリア』には、「人は食べる為に生きるのではなく、生きる為に食べるべきだ」というソクラテスの引用がある。私たちは自分が生きる為に殺している、すべての植物と動物に敬意を払いながら、その日その日をどの様に生きることができるのだろうか。

Kozue Yamamoto / 山本梢



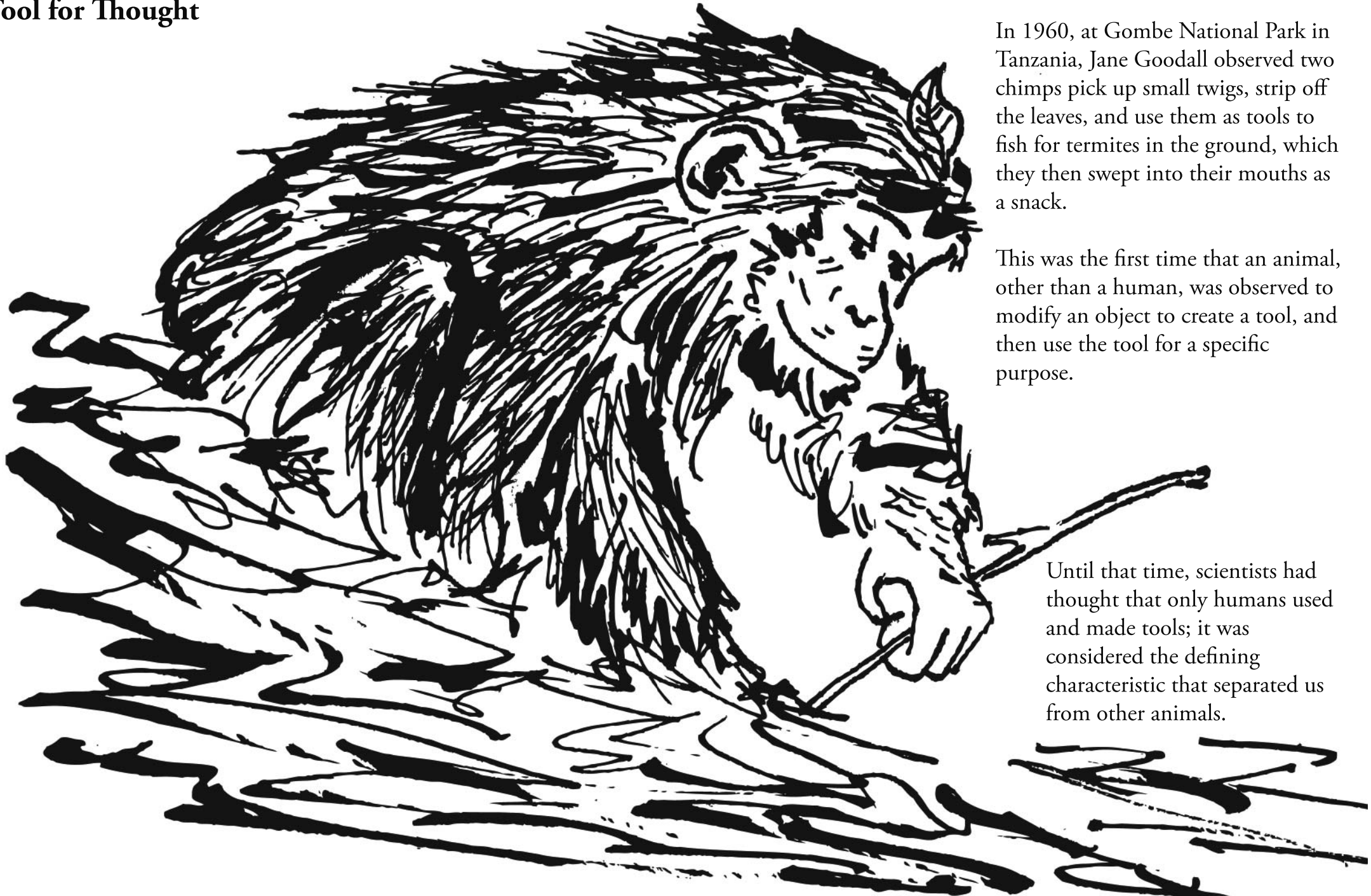
梢

“To Kill to Live”

Taking cue from Marx, I will look at food as a form of distraction from our soulless lives. Work should be a reflection of ourselves, however, we are made to be machines or animals. It is the dehumanizing effects of the current society that leads to hedonistic pursuits. We love to instagram, snapchat our meals and go into a kind of a meta-hedonistic zone. The only way we feel human again is by eating, drinking, fucking, sleeping, playing dress up.



Tool for Thought



In 1960, at Gombe National Park in Tanzania, Jane Goodall observed two chimps pick up small twigs, strip off the leaves, and use them as tools to fish for termites in the ground, which they then swept into their mouths as a snack.

This was the first time that an animal, other than a human, was observed to modify an object to create a tool, and then use the tool for a specific purpose.

Until that time, scientists had thought that only humans used and made tools; it was considered the defining characteristic that separated us from other animals.