Self-Learning Together

Self   Learning   Together

Previously I wrote an essay about art school

which is relevant to this research

Art as something organic, subjective.
School as something standardized, objective.

What was the conclusion?

Ideal is impossible as always
Everyone is different.
every art is different.

(classic)

Maybe the purpose is to know

What is wanted
What is unwanted

seek resources from there.

Group format is good for my sanity, as it turns out.

Allows to bounce ideas and see where you and others are at.

common ground
of people who don't exactly know
what they are doing,
yet relish it.

but

Without being intrigued by anything or followed with active quest,

group can get one lost
just the same

Maybe that's why
environment herd element is
a great deal in learning

Cooperation sustained with spread fiction/value is known as the ability that advanced us from other species.

Purpose is worth questioning
when the environment does not
comprise people who cares
about what they want

Or they did but I did not

So to know one's core values,

It has to be asked..

what do you want?

What do I want?

Jordan Peterson stresses over individual's self-discovery and improvement to integrate better on societal scope.

This will sound like self-help many wouldn't favour. But

I juggled between subjects and medium including art to go about self and the life.
(so it can't be denied self-help was central.)

What one might think of themselves adequate to be,

does not always square with what one wants to be.

Yuval Harari said:
One of the most important quality for human to thrive in the future is its adaptability to reinvent self on different circumstances.

He said the way to go
is to know thyself.

That is… hard

I will talk about me
as it is the closest sample
that I can observe.

2019

Homo Sapiens

The comprehensive ENFP survival guide

Homo Deus

In 2019 I have read cross-disciplinary subjects to dig

The Divided Self

Unquiet mind

Quiet

12 rules of life

This time trying to find where I am in the world.

Some say it is about finding
Some say it is about creating

Personality is determined by many genes working together.

Madness is algorithm of chemical imbalances.

But genes are not so powerful that they can control or create our personality

It combines with environment.

Susan Cain said an introvert can improve to be as comparatively great at the extrovert's area, vice versa.

But what brings it to fruition still attributes to their embraced introversion quality, paired with some degree of learned extroversion.

I used to identify as introvert.

But five tests proved otherwise.

(extrovert, intuitive, feeler, perceptive)

I could only confirm as
I jump into variety of things I don't
usually do

To end up liking it

I used to think that I am laidback, other times erratic. Turns out the restless mind call for follow through it did not always get.

I thought unchecked great quality might manifest into unsorted toxicity that made one not quite happy with life.
and can't quite put finger on why.

e.g. I thought I liked being alone.

But group made me grounded and accountable.

Mind isn't the best place to be when alone.

It is endless finding,
it might be an actual case of
extrovert/introvert tendency
or something deeper.

Categorisation is dangerous without continuous attempt to advance the awareness

To dig alone might get one deep,
as it took over and deludes as if
world revolves around self

Group helps that others' consciousness bear with different type and level of suffering

The group won't concern themselves with the member's mental bearing, but it would with the result that is offered on the table.

A swayed individual can be helped with structure of group.

But an unstructured group can still be utilized by those who know what they want.

I think 🤔

Just like an assured individual
knows where to get what they want.

Maybe we can call this
a quarter life crisis

If you found many were obvious

Maybe you are in the right place.